

#### HEALTH CARE IN A POST-PANDEMIC WORLD:

# CHAPTER 3 When Health Care is Everywhere, **How Do You Create Your Value Story?**

Well before COVID-19, consumerism in health care had arrived. The rise of urgent care, retail health care clinics, online health and wellness resources, plus an abundance of health-related products and services, have proliferated over the last decade. Consumers have choices and brands across all sectors of the health care ecosystem are stepping up to tell their value story.

### What happens when consumers are increasingly engaged in their health care?

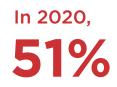
They are willing to experiment and try new brands.



And, with the rise of virtual care, consumers are shopping for doctor appointments, too.

They are also more emboldened to take issue with doctors' orders.







of consumers said they were very or extremely likely to tell their doctors when they disagree with them (63% of seniors are willing to disagree).<sup>2</sup>

#### Takeaway



Now more than ever, providers need to add value to the patient experience, like listening attentively to patient needs, providing clear communications, and seeking ways to connect on more personalized levels.

## With health top of mind, are consumers adopting healthier habits post-COVID?

Not really. Due to high levels of uncertainty and worry, many consumers' dietary habits slipped during the height of the pandemic:



40% of consumers said they had snacked more between the " Younger consumers were more likely to report eating both more and less healthy foods during the pandemic.<sup>4</sup>





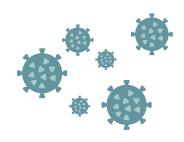
**41%** 

of patients have skipped care during the pandemic.<sup>5</sup>



63% said a medical process temporarily or permanently. said a medical practice was closed







blamed financial repercussions of the pandemic.



#### Takeaway



Providers and payers have an opportunity to support and motivate consumers with a "take back control" value strategy. Offering consistent and personalized advice on how to get back on track with healthier habits and regular screenings is key.

### When "every" brand can be a wellness brand, how do health care brands stand out?

Today, consumers expect every brand to contribute to their wellness. Wellness is no longer the territory of brands who are legitimately providing health products and services:<sup>6</sup>

> say all brands need a wellness 73% strategy as part of their core mission.

> > say there should be more wellness

shopping for.

options, regardless of what they are

Furthermore, consumers increasingly feel that they cannot truly

67%

"be well" if they don't feel connected socially, or if they don't contribute to making the world a better place:



say a wellness brand should make a positive difference.

say a chosen brand should give them a sense of purpose.



### So, what is a true health and wellness organization to do?

Plenty. While consumers demand wellness benefits from all their brands, they only find 41% of brands who make wellness promises to be credible. True health brands have a lot of opportunity to provide authentic value that can help shape lives. Given the high demand, offering tangible health benefits and ongoing support will resonate with double impact. Think helpful reminders, unique tips and suggestions and unexpected outreach to motivate and inspire.

#### Takeaway



While wellness signals abound, health care brands can actively stand out by providing the most tangible examples of health and well-being. That is, deliver on your core health care offering, and engage consumers on a social and emotional level. Demonstrate your role in making the world a better, more purpose-driven place, and connect that value to keeping your customers well.

#### PERSPECTIVES BY TIERNEY

Connect with Tierney today to learn more about how your brand can empower consumers to navigate the health care landscape. Visit **hellotierney.com**.



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Sources: <sup>1</sup>Mckinsey, August 2020 survey.

- <sup>2</sup> Deloitte Insights, August 2020 survey.
- <sup>3</sup> FMCG Gurus. Global Report, 2021.
- <sup>4</sup> Food Business News, June 2020.
- <sup>5</sup> AMA, "Delivering Care. Why-41-patients-have-skipped-care-during-covid-19-pandemic," 2021.
- <sup>6</sup> Ogilvy Wellness Gap study. 2020.
- <sup>7</sup> Ogilvy Wellness Gap study. 2020.